



SUNDAY, FEBRUARY 19, 2023



New Horizon

FAMILY DAY '23

FREE Facility Access	Eastlink Centre	8 a.m. – 9 p.m. (All Day)
Family Fitness Challenges	Fitness Centre (2 nd Floor)	10 a.m. – 4 p.m.
Seniors Snack & Chat	Next to Second Cup	10 a.m. – 11 a.m.
Fieldhouse Fun	Fieldhouse	10 a.m. – 4 p.m.
Circus Centre	Fieldhouse	10 a.m. – 4 p.m.
NWES eSport Game Lounge	Hockey Legends Lounge (at the Design Works Centre)	10 a.m. – 4 p.m.
Cookie Decorating	Concourse (2 nd Floor)	1 p.m. <i>(while supplies last)</i>
Family Obstacle Course	Track (3 rd Floor)	10 a.m. – 4 p.m.
Crafty Corner with Care in a Pinch	PC3 Room	10 a.m. – 4 p.m.
Refuel Zone with  New Horizon	Fieldhouse	10 a.m. – 4 p.m. <i>(while supplies last)</i>
FREE Swimming	Pool	1 p.m. – 9 p.m.
Pow Wow Demonstrations from Traditional Paths	Fieldhouse	1:30 p.m. & 2:30 p.m.
Learn to Pow Wow with Traditional Paths	Fieldhouse	2 p.m. & 3 p.m.
FREE Public Skate	Design Works Centre	2:15 p.m. – 4:15 p.m.

