



## EASTLINK CENTRE TRIATHLON 2023

# Triathlon Event Schedule

JULY 9, 2023

## Sprint / Team / Try-a-Tri Schedule

**7 a.m.**

Transition area opens at 7 a.m. for bike drop off.

**7 a.m. – 7:30 a.m. | Eastlink Centre – Fieldhouse**

Athletes check-in for bike and helmet check and to receive timing chips. ANSI approved helmets are mandatory.

**7:30 a.m. – 7:45 a.m. | Eastlink Centre – Fieldhouse**

Pre-race meeting.

**8:00 a.m.**

Race begins!

**10 a.m. – 10:30 a.m.**

Adult awards.

1st place male & female in each category.

1st place team.

**9:30 a.m.**

Special Olympics triathlon demo.

## Kids of Steel Schedule

**9:30 a.m.**

Special Olympics triathlon demo.

**10:30 a.m.**

Transition area opens at 7 a.m. for bike drop off.

**10:30 a.m. – 11 a.m. | Eastlink Centre – Fieldhouse**

Athletes check-in for bike and helmet check and to receive timing chips. ANSI approved helmets are mandatory.

**11 a.m. – 11:15 a.m. | Eastlink Centre – Fieldhouse**

Kids of Steel pre-race meeting.

**11:30 a.m.**

Kids of Steel race begins!

**1:30 p.m. – 2 p.m.**

Kids of Steel awards.

1st Place Male & Female in each.

**Finish Line is on the Ring Road behind the Aquatic Area (Outdoor transition area).**

**All race times are subject to change. Times will be confirmed at the pre-race meeting.**

## Free Carload Dinner

**Saturday, July 8**

**6 p.m. – 8 p.m.**

**Eastlink Centre – Fieldhouse**

**Free** for registered participants

\$20 for spectators



## Package Pick-Up

**Saturday, July 8**

**1 p.m.**

**Eastlink Centre – Kiosk**

**Sunday, July 9**

**7 a.m. – 7:30 a.m.**

**Eastlink Centre – Kiosk**

