

GP GROWS

Seed Planting Instructions



GARDENING FOR POTATOES

Planting Stage

1. Select a 5-gallon container, root pouch or potato bag. Put 2–3 inches of soil at the bottom of your container and firmly push it down.
2. Wet the soil so it's moist but not dripping.
3. Place seed potato on top of soil.
4. Cover potato with soil until its 1 inch below the top of the container and rm the soil with your hands.
5. Water the soil so it's moist but not dripping.
6. Place the container where it gets full sunlight (6+ hours a day of sunlight).
7. Keep soil moist as your potato plant grows until it is ready to harvest.

Harvest Stage

1. Potatoes are ready for harvest after a hard frost kills the leaves in September, they will turn yellow and die back.
2. To harvest the potatoes either gently dump out the root pouch and sift through the soil or dig the potatoes up carefully as to not damage the skins.

Drying and Storing Potatoes

1. Let harvested potatoes sit in the shade until the soil on the potatoes is dry, try your best to keep them out of the sun so they don't turn green. Gently remove the soil from the potatoes either using your hands or a soft brush. Do not wash just harvested potatoes; washing potatoes will shorten their storage life.
2. Newly harvested potatoes do not have tough skin so handle them carefully to avoid bruising which can lead to rot.
3. Store potatoes somewhere cool and dark, such as a paper bag in a cupboard. Do not store potatoes in the refrigerator. Only wash potatoes with water right before use.
4. Exposing potatoes to light causes them to start photosynthesizing (they turn green) and the compound produced makes them inedible and NOT suitable to eat. Do not eat green potatoes.

There are lots of free resources and videos online about harvesting, drying, curing and storing potatoes; we encourage you to do some research if you are unsure of any steps in the process.

