CKC Amenity Schedule | Spring 2022

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aquatics							
Lane Swim 50m & 25m	8 a.m1 p.m 7:30 - 9 p.m.	6 a.m 1:30 p.m. 7-9 p.m.	6 a.m 1:30 p.m. 7-9 p.m.	6 a.m 1:30 p.m. 7-9 p.m.	6 a.m 1:30 p.m. 7:30- 8:30 p.m.	6 a.m 1:30 p.m. 7-9 p.m.	8 a.m 1 p.m. 7:30-9 p.m.
50M pool Configuration Friday 6 a.m. — Saturday 12 p.m.							
River Walking	8 a.m9 a.m.	6 a.m1:30 p.m.	6 a.m1:30 p.m.	6 a.m1:30 p.m.	6 a.m1:30 p.m.	6 a.m1:30 p.m.	8 a.m 9 a.m.
Wading Pool		8 a.m1:30 p.m.	8 a.m1:30 p.m.	8 a.m1:30 p.m.	8 a.m1:30 p.m.	8 a.m1:30 p.m.	
Public Swim	1-4 p.m. 4:30 - 7:30 p.m.	6:30 p.m8:30 p.m.	4 - 6 p.m. 6:30-8:30 p.m.	6:30 p.m8:30 p.m.	4 - 6 p.m. 6:30-8:30 p.m.	1-4 p.m. 6:30 - 8:30 p.m.	1 - 4 p.m. 4:30 - 7:30 p.m.
Flow Rider	Under	Under Maintenance Under		er Maintenance		Under Maintenance	
Sauna and Steam Room	8 a.m 9 p.m.	6 a.m1:30 p.m. 4 - 9 p.m.	6 a.m1:30 p.m. 4 - 9 p.m.	6 a.m1:30 p.m. 4 - 9 p.m.	6 a.m1:30 p.m. 4 - 8:30 p.m.	6 a.m 9 p.m.	8 a.m 9 p.m.
Hot Tubs	8 a.m 9 p.m.	6 a.m1:30 p.m. 4 - 9 p.m.	6 a.m1:30 p.m. 4 - 9 p.m.	6 a.m1:30 p.m. 4 - 9 p.m.	6 a.m1:30 p.m. 4 - 8:30 p.m.	6 a.m 9 p.m.	8 a.m 9 p.m.
lce							
Shinny		- /				9:30-11 p.m.	9:30 - 11 p.m.
Public Skating	2:15 p.m 3:30 p.m.	2 - 3:30 p.m. 7 - 8:15 p.m. 8:30 <i>-</i> 9:45 p.m.	46101	- (V		2 - 3:30 p.m.	-
Figure Skating		-	2:15 - 3:45 p.m.	TIME TO BE	2:15 - 3:45 p.m.	-	-
Fitness Centre							
Fitness Centre	8 a.m 9 p.m.	5:30 a.m 10 p.m.	5:30 a.m 10 p.m.	5:30 a.m 10 p.m.	5:30 a.m 10 p.m.	5:30 a.m 10 p.m.	8 a.m 9 p.m.
Field House							
Pickleball		7 a.m 12 p.m.	-	7 a.m 12 p.m.	-	7 a.m 12 p.m. 7 p.m 10 p.m.	1 p.m 5 p.m.
Volleyball		-//	-	-	7 p.m 10 p.m.	-	
Basketball		7 p.m 10 p.m.	-	-		-	-
Badminton	- 1		7 p.m 10 p.m.	-	-		-
Track							
Family Fitness Challenge	12 p.m 2 p.m.		-	-	• 1		

